



## **NACC / HCI Conference Study Tour 2010**

### **Study Tour Option 1**

London Based. Ideal for arrivals at London's three major airports, or driving up from the Channel ports. Internal transfers to the workplaces can be made easily using the public transport network, and following the completion of the Study Tour a train can swiftly take you to the location of the NACC National Conference.

#### **Monday 13<sup>th</sup> September 2010**

A.M.

##### **Visit to ISS Eaton's Fresh CM Barking Depot**

Fresh CM provides community Meals for many Local authorities around London. The morning visit will include a chance to visit one of their many working depots and learn about the innovative systems they have in place for providing meal services.

You will then be taken to one of the community centres that Fresh CM provides meals to, where you will have the opportunity to have lunch with some of the local residents.

P.M

Tour of **London Borough of Tower Hamlets** Catering Production Unit where they produce their school meals and Community Meals.

#### **Tuesday 14<sup>th</sup> September 2010**

A.M

Visit to **Great Ormond Street Children's Hospital** for a tour of the Catering Department and a chance to look at the way in which they operate their catering department.

P.M

Visit to **Frimley Park Hospital** for a tour of the Catering Department . Frimley Park is a large acute hospital with 750 beds, serving a community of around 500,000. The service is a conventional fresh cook plated meal service, serving breakfast, lunch and evening meal, all with hot choices.

### **Study Tour Option 2**

West Yorkshire Based

Ideal for arrivals at Manchester or Leeds / Bradford airports, or driving up from the Hull ferry port (direct link to Holland). Internal transfers to the workplaces can be made easily using the public transport network, and following the completion of the Study Tour a train can swiftly take you to the location of the NACC National Conference.

#### **Monday 13<sup>th</sup> September 2010**

A.M.

##### **Visit to Leeds City Council's Meals at Home Base**

Meals at Home provides a 7 day Community Meals for the City of Leeds, utilising Regeneration vehicles. The morning visit will include a chance to visit base and learn about

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the Regeneration vehicles, the IT systems they have in place for providing meal services to meet the service users need. You will see the NACC Recommended Minimum Standard for Community Meals in action. There will be an opportunity to find out about the frozen community meals service operation as well.

You will then be provided with lunch.

P.M

### Visit to a **Leeds City Council Meals at Home Care Home for Older People ( Long Term Care)**

The Care Home will be an example of the type of. You will see the NACC National Minimum Standard for Care Catering in place, and find out more about the Nutritional Screening of residents, and other initiatives that have been put in place.

### **Tuesday 14<sup>th</sup> September 2010**

A.M

Visit to **Catering & Cleaning Offices** for an introduction and demonstration to the Nutritional Analysis software in use for large catering organisations and a chance to look at the way in which Education Catering operate their catering department.

Following this there will be a visit to a day care establishment to look at the **Day Care** provision in the city.

PM.

Visit to one of the two **General Hospitals** in the city for a tour of the Catering Department and a chance to look at the way in which they operate their catering department.

### **Wednesday 15<sup>th</sup> September 2010**

AM departure for **NACC Conference** in Blackpool –

From London - London Euston main line station. Trains currently one an hour, with a 2 hour 50 min journey time. From Leeds – Leeds main line station. Trains currently one an hour, with a 2 hour 20 min journey time Check [www.nationalrail.co.uk](http://www.nationalrail.co.uk) for times and tickets, cheaper tickets issued three months before travel date.

#### **Accommodation –**

London - Being the capital good bargains are hard to find, the further out of the centre you are generally the lower the price. There are good transport links to the city from the suburbs so you may benefit budget wise from not having a central location.

Leeds - Lower end of the price range is the Etap Hotel Group, at the higher end are the Holiday Inn Crowne Plaza and the Queens Hotel. All the hotels are within walking distance of the city centre and transport links, or a within a 5 minute taxi journey from them if you have luggage.

The Study Tour itineraries maybe subject to slight amendments, and are an idea of what we can offer for our international delegates. We are happy to add to them, where possible, if you would like to learn about anything in specific.

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### Location – Hilton Hotel, Blackpool

As an example the 2009 Conference opened with the Trade Exhibition from 2pm Wednesday afternoon. In the evening there was a networking event. The Conference programme commenced at 9.30 on the Thursday morning with session running through until 5pm. The NACC Awards and Gala Dinner is held on the middle evening of conference, the conference then concluded with morning sessions between 9.30 and 12 and the Friday.

Continued Professional Development certification (hours) are provided for the attendance at the conference sessions.

Below are the 2009 Conference rates which we are holding for 2010.

Pre conference afternoon tea & exhibition viewing, £125  
themed networking evening and entertainment, accommodation  
Wednesday 15th September

1 night residential package in single room £460  
Includes conference, accommodation and Gala Dinner on

or

Thursday 16th and conference on Friday 17th  
1 night residential package in twin room  
Thursday 16th September £430  
(shared accommodation, cost per delegate)






The brochure for the 2009 event can be viewed on the NACC website in the Events Page Archives, click on Conference 2009 and then the brochure download, or use the detail here

In the address bar on your browser –

[http://www.thenacc.co.uk/event/file\\_five/5/NACC\\_CONF\\_09\\_CONF\\_BROCHURE.pdf](http://www.thenacc.co.uk/event/file_five/5/NACC_CONF_09_CONF_BROCHURE.pdf)

### We look forward to seeing and networking with you in Blackpool

If you are interested please contact your Association's Healthcare Caterers International Board member to register your interest.

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-  The Study Tour is for individual members of HCI organizations.
  -  Expenses: The delegates will meet their own expenses, and individually book their NACC Conference place.
  -  Language demands: a basic understanding of English will be required for the Conference and Study Tour, unless the Study Tour host and delegate agree on using visiting countries (or other) language or allowing time for translation during the workplace visits.
  -  Participation: The Delegate submits note of application to their national HCI Board member. The note should contain: an Study Tour Option preference
  -  The NACC will try to fulfill as many requests as possible for the Study Tour Options, but there may be restrictions for certain visits on number which can be catered for without impeding the service operation. Alternative similar visits will be sought if this is the case.